# Wellbeing



Improved staff wellbeing



staff satisfaction



The UK's largest award-winning employee assistance programme

Wellbeing encompasses several areas of life, and where Covid-19 has left workforces both depleted and in need of support, workforce leaders across the NHS need to tackle this challenge head on, particularly where many teams have been tackling the effects of the coronavirus from the frontline.

### **Flexible Working**

The 2020/2021 NHS People Plan is clear that flexible working is a change that we must build on after Covid-19. It has many benefits to both individual and organisation, including:

- Facilitating equitable job and career opportunities
- Increased job satisfaction, motivation and productivity
- Reductions in stress and absenteeism
- Enticing healthcare workers who work through agencies for flexibility to come back to the NHS
- Better work-life balance

To support this vision, mii Roster and mii Rota solutions are built with a fully flexible self-rostering capability, enabling healthcare professionals to work flexible patterns. The mii Analytics module provides insights and intelligence on flexible working practises.

### **Health Assured EAP**

An Employee Assistance Programme (EAP) is an essential benefit in the 'new normal'— providing support, advice and guidance during Covid-19 and beyond. The EAP from Health Assured is trusted by 13 million people across over more than 50,000 organisations — it is a proven, dependable resource.

The service includes:

- Free counselling, legal and information line, available 24 hours a day, every day, 365 days of the year
- Critical incident advice and support via telephone
- Online health portal and access to the industry-leading 'My Healthy Advantage' smartphone app
- Relationship management support and usage reporting
- Management support line and mentoring
- Manager support guides

# "

80% of employees choose employers with engaging benefits - including flexible working, benefits schemes, and access to discounts over a pay rise"

Glassdoor UK Employment Confidence Survey

## To find out how mii Wellbeing could benefit your organisation, please get in touch at info@liaisongroup.com



Changing the global health economy